



# Innovator Training Program

## Indicative Schedule 10 Week Delivery

**A final schedule will be distributed to enrolled participants ahead of the start of the ITP.**

### Schedule

The suggested schedule for the 10-week program is based on three weeks of full-time equivalency (~110hours).

The schedule includes completion of self-directed modules (~30 hours), 6 compulsory workshops (12 hours), and the remaining hours are for small group sessions with ARIIA staff, internal consultation within the organisation, individual thinking and writing time, drafting your Project Plan and development and delivery of a Practice Pitch.

### Module content

The indicative total time to complete each Module is provided in the schedule. These times will be revised when the schedule is finalised.

The content for each Module has been broken into smaller blocks, and approximate times to complete part are indicated within the learning platform.

Doing smaller blocks of content will hopefully fit with your workloads and importantly allows for time for you to reflect and initiate discussions with colleagues and your sponsor between Modules to get the most out of this training program.

### Parallel compulsory workshops

Compulsory work that supports the learning for each of the Modules will be held in parallel each week.

### Additional work

The remaining hours will be spent as required in small group sessions with ARIIA staff, internal consultation within the organisation, individual thinking and writing time, drafting your Project Plan and development and delivery of a Practice Pitch.

## Onboarding

### Introduction and Onboarding

This is to be completed in the week prior to commencing the ITP. This will include a Welcome Video and session, links to evaluation and access to Digital Literacy and learning style resources.

## Week 1

### Self-paced Module 1 – Defining the need

*3.5 hours in total*

### Compulsory Peer Workshop – Introduction and “Defining the need”, *2 hours*

### Additional work for the week

- Weekly optional one-on-one support with facilitator, 0.5 hours
- Meet with your organisation sponsor, ~1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 9+**

## Week 2

**Self-paced Module 1 – Defining the need**

**Self-paced Module 2 –**

Introduction to Evidence and Evidence-based practice  
*2.5 hours in total*

There are no workshops this week.

**Additional work for the week**

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 6+**

## Week 3

**Self-paced Module 3 –**  
Finding and assessing evidence  
*2 hours in total*

**Compulsory Peer Workshop –**  
“Finding and assessing evidence”  
*2 hours*

**Additional work for the week**

- Weekly optional one-on-one support with facilitator, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 1 hour

**TOTAL HOURS: 6.5+**

## Week 4

**Self-paced Module 4 –**  
Applying the evidence to your current context  
*2.5 hours in total*

**Compulsory Peer Workshop –**  
“Applying the evidence to your current context”,  
*2 hours*

**Additional work for the week**

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 3 hours

**TOTAL HOURS: 9+**

## Week 5

**Self-paced consolidation of Module 4 –**  
Applying the evidence to your current context

**Additional work for the week**

- Weekly optional one-on-one support with facilitator, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 3.5+**

## Week 6

**Self-paced Module 5 –**  
Implementing evidence-based change  
*3.5 hours in total*

**Compulsory Peer Workshop –**  
Implementing evidence-based change  
*2 hours*

**Additional work for the week**

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 9+**

## Week 7

**Self-paced Module 6 –**  
Evaluation  
*2.5 hours in total*

**Compulsory Peer Workshop –**  
“Evaluation”  
*2 hours*

**Additional work for the week**

- Weekly optional one-on-one support with facilitator, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 8+**

## Week 8

**Self-paced Module 7 –  
Planning for implementation and Project Management**  
*2 hours in total*

**Compulsory Peer Workshop –  
"Planning for implementation and Project Management**  
*2 hours*

**Additional work for the week**

- Weekly optional one-on-one support with facilitator, 0.5 hours
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 2 hours

**TOTAL HOURS: 7.5+**

## Week 9

**Project Plan finalisation and  
Practice Pitch preparation session**  
*1 hour*

**The End Game recorded video**  
*0.5 hours*

**Additional work for the week**

- One-on-one Project Plan finalisation and Practice Pitch preparation, 0.5 hours
- Meet with your organisation sponsor to discuss Project Plan, 1 hour
- Thinking and writing time, at least 3 hours

**TOTAL HOURS: 6+**

## Week 10

**Self-paced Practice Pitch finalisation**

- One-on-one Project Plan finalisation and Practice Pitch preparation – 0.5 hour
- Meeting with your organisation sponsor to discuss Project Plan – 1 hour
- Thinking and writing time – 3 hours

**Innovator Compulsory 15 min. Practice Pitch**  
*3-hour block per Group*

**TOTAL HOURS: 7.5+**

**Total ITP hours commitment is estimated to be between 70 and 110 hours**

[ariia.org.au](http://ariia.org.au)

For more information email: [itp@ariia.org.au](mailto:itp@ariia.org.au) or call 08 7421 9134

Flinders University  
Level 2, Tonsley Hub, South Rd, Tonsley SA 5042

ARIIA was established as an independent, not-for-profit organisation, set up to lead the advancement of the aged care workforce capability by promoting and facilitating innovation and research to improve the quality of aged care for all Australians.

**ariia** Aged Care Research & Industry Innovation Australia

