



## Innovator Training Program

# Indicative Schedule 5 Week Delivery, each week

**A final schedule will be distributed to enrolled participants ahead of the start of the ITP.**

### Schedule

The suggested schedule for the 5-week program is based on three weeks of full-time equivalency (~110hours). These hours are spread across all 5 weeks at just under 0.5 FTE each week.

The schedule includes completion of self-directed modules (~30 hours), 6 compulsory workshops (12 hours), and the remaining hours are for small group sessions with ARIIA staff, internal consultation within the organisation, individual thinking and writing time, drafting your Project Plan and development and delivery of a Practice Pitch.

### Module content

The indicative total time to complete each Module is provided in the schedule. These times will be revised when the schedule is finalised.

The content for each Module has been broken into smaller blocks, and approximate times to complete part are indicated within the learning platform.

Doing smaller blocks of content will hopefully fit with your workloads and importantly allows for time for you to reflect and initiate discussions with colleagues and your sponsor between Modules to get the most out of this training program.

### Parallel compulsory workshops

Compulsory work that supports the learning for each of the Modules will be held in parallel each week.

### Additional work

The remaining hours will be spent as required in small group sessions with ARIIA staff, internal consultation within the organisation, individual thinking and writing time, drafting your Project Plan and development and delivery of a Practice Pitch.

## Onboarding

### Introduction and Onboarding

This is to be completed in the week prior to commencing the ITP. This will include a Welcome Video and session, links to evaluation and access to Digital Literacy and learning style resources.

## Week 1

### Compulsory Peer Workshop –

Introduction - Starting well

*1 hour*

### Self-paced Module 1 –

Defining the need

*3.5 hours*

### Self-paced Module 2 –

Introduction to Evidence and Evidence-based practice

*2.5 hours*

### Compulsory Peer Workshop –

Introduction and "Defining the need"

*2 hours*

### Self-paced Module 3 –

Finding and assessing evidence

*2 hours in total*

### Additional work for the week

- Small breakout group discussions with facilitator, 1 hour
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 3 hours
- Consolidation work - "Define the need" and update Project Plan Template as required, 1 hour

**TOTAL HOURS: 17+**

## Week 2

### Self-paced Module 4 –

Applying the evidence to your current context  
*2.5 hours in total*

### Self-paced Module 5 –

Implementing evidence-based change  
*3.5 hours in total*

### Compulsory Peer Workshop –

“Finding and assessing evidence”  
*2 hours*

### Compulsory Peer Workshop –

“Applying the evidence to your current context”  
*2 hours*

#### Additional work for the week

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 1 hour
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time plus evidence review, at least 3 hours
- Consolidation work - review and assess evidence and update Project Plan Template with evidence to address the problem, 1 hour

TOTAL HOURS: 16+

## Week 3

### Self-paced Module 6 – Evaluation

*2.5 hours in total*

### Self-paced Module 7 –

Planning for implementation and Project Management  
*2 hours in total*

### Compulsory Peer Workshop –

“Implementing evidence-based change”  
*2 hours*

#### Additional work for the week

- Small breakout group discussions with facilitator, 1 hour
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time plus evidence review, at least 3 hours
- Consolidation work - update Project Plan Template to describe the readiness/barriers/opportunities to change, 1 hour

TOTAL HOURS: 12.5+

## Week 4

### The End Game

*0.5 hours*

### Compulsory Peer Workshop – “Evaluation”

*2 hours*

### Compulsory Peer Workshop –

“Planning for implementation and Project Management”  
*2 hours*

#### Additional work for the week

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 1 hour
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 3 hours
- Consolidation work - update Project Plan Template to list the main strategies/actions for implementation and how you will measure change/outcome, 1 hour

TOTAL HOURS: 10.5+

## Week 5

### Compulsory Peer Workshop – Project plan finalisation and pitch presentation preparation

*2 hours*

### Optional Peer Workshop – Project plan finalisation and pitch presentation preparation

*2 hours*

### Innovator Compulsory 15 min. Practice Pitch

*2 hour block per Group*

#### Additional work for the week

- Compulsory project discussion with ARIIA facilitator, Innovator and Sponsor, 1 hour
- Meet with your organisation sponsor, 1 hour
- Thinking and writing time, at least 3 hours
- Consolidation work - finalise Project Plan Template and pitch presentation, 2 hours

HOURS: 13+

Total ITP hours commitment is estimated to be between 70 and 110 hours

[ariia.org.au](http://ariia.org.au)

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ARIIA was established as an independent, not-for-profit organisation, set up to lead the advancement of the aged care workforce capability by promoting and facilitating innovation and research to improve the quality of aged care for all Australians.

 Aged Care Research & Industry Innovation Australia

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 Australian Government  
Department of Health and Aged Care