

FAQs

Innovator Training Program (ITP) for a Team

How much aged care work is based on evidence?

Current studies show that:

- only 50% of evidence-based practice is being implemented into care at all?¹
- the average time it takes for evidence to be identified and put into practice is 17 years?²

That's a lot of wasted knowledge! It's also a lot of wasted opportunity to do things smarter and better!

What will the Innovator Training Program (ITP) do for my team and organisation?

In addition to the transferable skills and knowledge in critical thinking, problem solving, stakeholder management, implementation and project management that are developed in the program, the ITP will help to create a cohesive team and support a culture of continuous improvement as staff apply these skills to their usual roles and in future projects.

How will the ITP help my team improve the workplace?

The ITP will support your team in a flexible and facilitated way to unpack a strategic or organisational level problem and develop a feasible plan to implement an evidence-based solution in a way that is appropriate for your setting.

What priorities have been identified for the ITP in 2023?

The 2023 ITP priorities are:

- Dementia Care
- Restorative care, reablement & rehabilitation
- Social isolation
- Mental health & wellbeing
- Palliative care & end of life
- Meaningful lifestyle activities
- Staff burnout
- Technology in aged care
- Clinical governance
- Urgent and Critical need

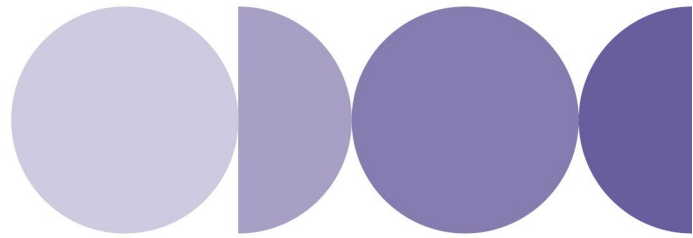
Is the ITP online?

The In-house ITP is delivered to a group of 8 or more participants from your organisation via a combination of online modules and workshops with support and provision of evidence from our team as well as 2.5 days of in-person workshops.

The Tailored ITP is delivered to a group of 5 or more participants from your organisation via a combination of online modules and workshops with support from our team, eliminating the need for participants to travel to a central location.

Participants will also need to take part in group discussions in between workshops as required to continue developing the project.

The ITP is interactive with lots of prompts to guide your staff to think about the problem that has been identified and how it might be addressed in the workplace.



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How long does it take to complete the ITP?

The In-house or Tailored ITP can be delivered to your organisation by ARIIA over a negotiated timeframe of approximately 5-10 weeks.

The contact-time commitment is approximately 110 hours per participant over the negotiated period.

What is the role of a Sponsor?

The role of the Sponsor is to support the Innovators through the training program providing regular support and advice to their allocated Innovators. The Sponsor must be a person or people of suitable authority who can influence change, who bring organisational perspective to the project planning, and who are able to support the Innovators to undertake the training.

What is the role of an Organisation Authorised Representative?

The Organisation Authorised representative is someone within the organisation who can authorise participation in the ITP and confirm organisational support for the project.

Is there any other assistance available?

Your organisation can apply to ARIIA for financial support, provided upon completion to assist to free up participants to complete the program.

Participants and Sponsors will work with experts from ARIIA to make sure the project is appropriate for your organisational context.

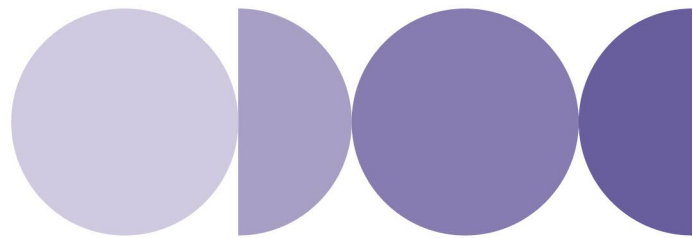
Is the problem that has been identified in my organisation eligible for the ITP for a Team?

You can apply for the ITP if you have an organisation-wide or cross-organisation problem to solve and want to find the best evidence to make a change. The ITP for a Team also offers an opportunity to develop your team's skills to find brave and innovative solutions.

What are the outcomes of the ITP for a Team?

The outcome of the ITP for a team is a group project with a well-defined problem that is achievable within a 12-month timeframe plus transferable skills that participants can apply to their usual roles and in future projects.

The group will leave the ITP with a group project and a project pitch that will assist the team to implement the project locally or to undertake further planning, approvals, or funding applications at a local level to move the project forward. The project team can also access informal support through ARIIA's Innovation Network.



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What is the Innovation Network?

At the completion of the ITP all participants will be invited to join the Innovation Network. The purpose of the Innovation Network is to provide ongoing mentoring, support and learning opportunities for participants to implement the project that has been developed and other projects they may be involved in within their organisation. As the name suggests it will provide opportunities for networking with other people and organisations to build cross sector collaborations.

References:

1 Institute of Medicine. Crossing the Quality Chasm⁷ A New Health System for the 21st Century The National Academies Press, Washington, DC(2001) <https://doi.org/10.17226/10027>

2 Morris, Z. S., Wooding, S., & Grant, J. (2011). The answer is 17 years, what is the question: understanding time lags in translational research. *Journal of the Royal Society of Medicine*, 104(12), 510–520. <https://doi.org/10.1258/jrsm.2011.110180>

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ARIIA was established as an independent, not-for-profit organisation, set up to lead the advancement of the aged care workforce capability by promoting and facilitating innovation and research to improve the quality of aged care for all Australians.